

HALIFAX SWIMMING CLUB



(Founded 1864)

CODE OF CONDUCT FOR SWIMMERS

As a swimmer I will:

- Ø Agree to abide by the rules of the club

- Ø Be respectful of pool facilities, equipment and other pool users when attending training. Whenever sharing facilities with the public and in the public eye, I will be expected to behave in a manner that reflects the good name of the Halifax Swimming Club. Bad behaviour may mean that I will be expelled from the club.

- Ø Give full respect to coaches and chaperones.

- Ø Be courteous and respectful to all fellow swimmers. Bullying in any shape or form will not be tolerated and may result in exclusion of the offender.

- Ø Attend the required number of sessions as determined by the coach. I will listen to the coach and train to the best of my ability at all times during training.

- Ø Complete all swim and land training sessions as directed by the coach.

- Ø Be on poolside and prepared for the start of each session with all equipment.

- Ø Attend all appropriate meets as specified by the coach.

- Ø Complete a daily logbook in accordance with coaches' instructions.

- Ø Encourage and support all members of the club during training and competition.

- Ø Compete in all entered events unless specified by the coach.

- Ø Not drink alcohol, smoke cigarettes or use illegal substances.

- Ø Not use banned performance enhancing substances.

- Ø Conduct myself in a responsible manner whilst on poolside.

- Ø Show responsible care whilst staying away in accommodation, and ensure consideration is shown to other guests.